

# Kriyayoga Meditation Program

## St. Wenceslaus R.C. Church

Toronto, Ontario

496 Gladstone Ave., Toronto  
(Close to Subway Line @ Bloor & Dufferin)

### DATES & TIMES:

**Thursday, August 14, 2008**  
7:30pm – 9pm

**Friday, August 15, 2008**  
7:30pm – 9pm  
Alternate location for this date only:  
St. Andrew's United Church,  
117 Bloor St. East  
(at Bloor St & Church St.)

**Wednesday, Sept. 24, 2008**  
7:30pm – 9pm

**Thursday, Sept. 25, 2008**  
6am – 7:30am  
7:30pm – 9pm

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In order to grasp a better understanding  
of Kriyayoga Science, it is best to attend a  
minimum of 3 consecutive days of classes.  
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- Wear comfortable clothing
- Bring a notebook and pen.
- Bring a blanket or pillow for sitting.



## Swami Shree Yogi Satyam

Kriyayoga Scientist and  
Founder of Kriyayoga Research Institute, Allahabad, India

*"You are potentially vast and infinite.  
Not realizing this truth makes you realize  
illness and sickness of all kinds.*

*Kriyayoga practice is an ancient and ever-new  
master technique to make you realize your  
REAL NATURE. Thus, Kriyayoga practice  
solves all problems of life."*

- Swami Shree Yogi Satyam

**DON'T MISS OUT!**  
**All are welcome to join in and  
enjoy eternal Health and Bliss.**

Classes are FREE of charge. Donations are welcome.

### FOR MORE INFORMATION ABOUT THIS PROGRAM PLEASE CONTACT:

**Phone:** Olina Budin @ (416) 920-2200 or  
Cell: (905) 302-7438  
**E-mail:** [healingone@bellnet.ca](mailto:healingone@bellnet.ca)

### FOR MORE INFORMATION ABOUT KRIYAYOGA AND OTHER PROGRAMS AVAILABLE IN CANADA:

**Website:** [www.kriyayoga-yogisatyam.org](http://www.kriyayoga-yogisatyam.org)  
**E-mail 1:** [kriyayoga.canada@yahoo.ca](mailto:kriyayoga.canada@yahoo.ca)  
**E-mail 2:** [Kriyayoga.Allahabad@hotmail.com](mailto:Kriyayoga.Allahabad@hotmail.com)