

# Kriyayoga Meditation Program

## Yog Fellowship Temple

Kitchener, Ontario

388 Plains Road, Kitchener  
(corner of Plains Rd. & Fischer-Hallman Rd.)

### HEALING PROGRAM

#### DATES & TIMES:

Sunday, August 17, 2008, 10am  
through to  
Saturday, August 30, 2008, 10pm  
4 classes daily  
5:30am-7am, 11:30am-12:30pm,  
3pm-4pm and 8pm-10pm

### WEEKEND RETREAT

#### DATES & TIMES:

Friday, September 26, 2008, 8pm  
through to  
Sunday, September 28, 2008,  
Noon

Class Schedule, TBA

**Saturday, September 27, 2008**

Farewell Dinner/Evening Program

Ticket Required – Call for Details

In order to grasp a better understanding  
of Kriyayoga Science, it is best to attend a  
minimum of 3 consecutive days of classes.

- Wear comfortable clothing.
- Bring a notebook and pen.
- Bring a blanket or pillow for sitting.
- Chairs will be available.



## Swami Shree Yogi Satyam

Kriyayoga Scientist and  
Founder of Kriyayoga Research Institute, Allahabad, India

*"You are potentially vast and infinite.  
Not realizing this truth makes you realize  
illness and sickness of all kinds.*

*Kriyayoga practice is an ancient and ever-new  
master technique to make you realize your  
REAL NATURE. Thus, Kriyayoga practice  
solves all problems of life."*

- Swami Shree Yogi Satyam

## DON'T MISS OUT!

All are welcome to join in and  
enjoy eternal Health and Bliss.

Classes are FREE of charge. Donations are welcome.

FOR MORE INFORMATION ABOUT THIS  
PROGRAM PLEASE CONTACT:

Yog Fellowship Temple @ (519) 696-3869  
E-mail: kriyayoga.canada@yahoo.ca

FOR MORE INFORMATION ABOUT KRIYAYOGA  
AND OTHER PROGRAMS AVAILABLE IN CANADA:

Website: www.kriyayoga-yogisatyam.org  
E-mail 1: kriyayoga.canada@yahoo.ca  
E-mail 2: KriyayogaAllahabad@hotmail.com