



GURUJI SWAMI SHREE YOGI SATYAM

# KRIYAYOGA MEDITATION

*as taught by Swami Shree Yogi Satyam*

False concepts of devotion and an illusory imagination about God are the root causes of all problems of life: personal, familial, national, global, and universal.

Kriyayoga meditation is the easiest, fastest and the most scientific, time-tested technique. It brings the realization of Truth about God, devotion in God, religion, and an overall high-intensity intelligence when practiced with complete joy, patience and devotion.

For the first time, you will realize that the science of Kriyayoga is the complete education of all kinds which includes everything of the past, present, and future of all creations.

We are honoured by your presence to participate in experiencing Truth so that peace, joy, and all well-being strength may radiate everywhere, within and around.

Wear comfortable clothing. Bring a notebook and pen, and a blanket or pillow for class. Chairs available. Bring a sleeping bag.

**Yog Fellowship Temple**

**519.696.3869** [kriyayoga.canada@yahoo.ca](mailto:kriyayoga.canada@yahoo.ca)

388 Plains Road, Kitchener, Ontario, Canada, N2R 1R8  
(On the corner of Fischer-Hallman Road and Plains Road)

[www.Kriyayoga-YogiSatyam.org](http://www.Kriyayoga-YogiSatyam.org)

All classes are FREE of charge. Donations warmly appreciated.

## Spring Healing Program

from Saturday, May 1<sup>st</sup>, 2010

first class from 6:00AM to 9:00AM

until Sunday, May 16<sup>th</sup>, 2010

last class from 6:00AM to 9:00AM

### Daily Meditation Schedule:

Pre-registration is required to attend the day-time program & meal times.\*

6:00AM to 9:00AM class

10:00AM pre-meal dietary lecture

10:30AM nutritious vegan meal

1:30PM to 3:00PM class

5:00PM pre-meal dietary lecture

5:30PM nutritious vegan meal

### Open to the General Public:

8:00PM to 9:30PM class

10:30PM to 11:00PM late-night class - very important to attend



\* Obtain & submit your pre-registration form for the intensive day-time program at one of the following designated locations:

YOG FELLOWSHIP TEMPLE (Program Location) 388 Plains Rd., Kitchener 519.696.3869, [kriyayoga.canada@yahoo.ca](mailto:kriyayoga.canada@yahoo.ca)  
VIANA CANADA INC. 81 Zenway Blvd., Unit No. 11, Woodbridge Antonella 416.878.1284, [afavaro90@hotmail.com](mailto:afavaro90@hotmail.com)  
ST WENCESLAUS RC CHURCH 496 Gladstone Ave, Toronto Olina 905.302.7438, [olina.healing@gmail.com](mailto:olina.healing@gmail.com)  
WESTERN CANADA Cathy Waters, Calgary, Alberta 403.968.2076, [cmwaters@telus.net](mailto:cmwaters@telus.net)