



**GURUDEVA Swami Shree Yogi Satyam**  
Kriyayoga Scientist & Spiritual Master  
(GuruDeva means He who Leads One Towards God)

**S**ince early childhood, the Science of Kriyayoga has been the only mission of Gurudeva Swami Shree Yogi Satyam. For his entire life, Swamiji has had a great desire and ambition to learn, practice and teach Kriyayoga. His ultimate goal has been to introduce Kriyayoga to the general public in a manner not previously known to mankind.

Kriyayoga is the Spiritual Science discovered by a great Indian Rishi, Maharshi Patanjali. In the year 1861, the Deathless Saint Mahavatar Babaji reintroduced this ancient practice to Shree Lahiri Mahashaya, a householder, to be made available to general masses. For this purpose, Lahiri Mahashayaji initiated several disciples, one of whom was Swami Shree Yuktेशwarji, who in turn trained his disciple, a world-known Kriyayoga Master, Paramhansa Yogananda, who is the famous writer of the spiritual classic 'Autobiography of a Yogi'.

The souls of all the above Realized Masters are continuously working in the consciousness of Gurudeva Swami Shree Yogi Satyam, who is presently spreading this science by teaching millions & millions of people all over the world. His teachings and services have been able to cure all sicknesses of body and mind allowing total rejuvenation of the human body, mind and spirit. With modest beginnings, Swamiji has worked relentlessly, conducting FREE Kriyayoga Sessions for all.

In order to deliver this invaluable Science to the masses, Swamiji established three non-profit organizations: the first one in the year 1983, known as **YOGA SATSANGA SAMITI** and second in the year 1993 as **KRIYAYOGA RESEARCH INSTITUTE**, the Mother Center, and the third in the year 2004 as **KRIYAYOGA SATSANGA SAMITI**, of which he is the founder and president.

The Mother Center/Ashram is situated at Jhunsi, Allahabad in the state of Uttar Pradesh, India. This Ashram includes the famous Banyan Tree on the bank of the Sacred River Ganga, where Babaji appeared to Shree Yuktेशwarji during the KUMBHA MELA at Prayag, Allahabad, in the year 1894. People visit the Ashram from all over the world in order to learn and practice the science of Kriyayoga as developed and taught by world famous Kriyayoga Scientist and a Realized Spiritual Master Swami Shree Yogi Satyam.

## The Science of Kriyayoga with Swami Shree Yogi Satyam

### The Origin of Kriyayoga

Kriyayoga is an ancient yet ever-new science originating from India, which brings the realization that each person is potentially vast and infinite.

### What does the word Kriyayoga mean?

'Kri' means to do, to act, to react, to behave, to work

'Ya' means the process of expansion

'Yoga' means union with the Infinite (God)

### What is Kriyayoga Science?

Kriyayoga Science is a pure science that employs a systematic approach to bring about a desired result. It is easy to comprehend and practice by all. Kriyayoga Science is based on the principle that each particle of the cosmos is connected with all of creation; thus making a change in oneself makes a change in the cosmos. Each particle is the connecting link to all points of time (past, present and future) and to all points in space. Kriyayoga Science is free from sectarian religious sentiment. By practicing Kriyayoga, one is able to understand the truth hidden in all religions. It unites all races, all sects and all countries.

### What is Kriyayoga Meditation?

Kriyayoga Meditation is Kriyayoga philosophy put into action. It is the highest form of meditation that combines physical and mental techniques and enables one to experience, very quickly, the infinite potential within. The fundamental concept of Kriyayoga meditation is that the nature of God is Omnipotent, Omnipresent and Omniscient. In other words, God's all-knowing power resides in each atom, cell and tissue of our body, and is responsible for the creation, preservation and change of the visible and invisible worlds. Kriyayoga practice accelerates the process of attaining God-Consciousness because we learn to seek God first within, which is much easier and faster than seeking God in the external creation.



**“Global Practice Of The Science Of Kriyayoga Will Lead Us To A United World Guided By God Consciousness.”**

**– Swami Shree Yogi Satyam**



## Who can Practice Kriyayoga?

Everyone can practice Kriyayoga regardless of age, gender, religion or physical condition. Kriyayoga is simple to understand and practice by all to bring about the desired result.

## All Scriptures Speak the Same Truth...

"The truth contained in scriptural teachings of different religions is meant to unite us and opens our intuitive eyes to see God in all. All humanity and whole creation is an expression of Omnipresent God."

- Swami Shree Yogi Satyam

"This body is potentially vast and infinite." - Paramhansa Yogananda

"The Kingdom of God is within."

- The Bible (Luke 17:21)

"Now let man but think from what he is created. He is created from a drop emitted. Proceeding from between the

backbone and the ribs." - Quoran (AT-TARIQ-86 Ayat 5,6,7)

"The Body is a unique field in which we find Omnipotent, Omnipresent and Omniscient Consciousness."

- Bhagavad Gita (Chapter 13: verses 1 & 2)



## How does Kriyayoga Apply to Me?

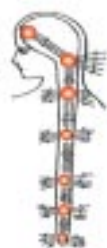
By learning and practicing Kriyayoga, the universal force of Omnipresent God unfolds, allowing us to experience our oneness with the Infinite. Practising Kriyayoga meditation gives one unshakable faith in Truth, boundless peace, patience and willpower, leading to a perfectly balanced life free of all physical and mental inharmonies. Kriyayoga awakens the hidden potential and abilities that lie dormant within a person.

## Is Kriyayoga the same as other forms of Yoga?

No. The term 'yoga' has been greatly misunderstood by the majority of the population at large. By definition, 'yoga' is the state where one attains union with the Infinite Cosmos, rather than the popular misconception of yoga as a form of exercise.

**"Kriyayoga Practice is just like Working In a Laboratory where We can Change the Complete Body System in 12 to 14 years."**

**- Swami Shree Yogi Satyam**



**10 Minutes of Kriyayoga Practice Results In Evolution of A Person Equal To 20 Years of Natural Evolution.**

Kriyayoga is the highest form of meditation available to humanity today.

It prevents, treats and cures all disease processes of the body and mind. This effective technique allows people to regain control of their lives without having to resort to any medications or supplements.

## Benefits of Kriyayoga

- Increases intelligence quickly.
- Increases even-mindedness.
- Reduces stress and anxiety and increases a person's vitality.
- Brings one to the realization that each and every element of the cosmos is vast and infinite.
- Leads to God-Realization, which removes all troubles permanently.
- Solves all problems of all kinds.
- Increases strength of forgiveness, compassion, peace and gives strength to serve all unconditionally.
- Slows down and reverses the aging process.
- Prevents, treats and cures all disease processes of the body, mind and spirit.
- Improves socio-economic status.

**The strength of a society depends upon its foundation on which it is based.**

By employing the principles of Kriyayoga Science, a complete education system necessary for a strong foundation is established.

## Contact Information

**Swami Shree Yogi Satyam**  
Kriyayoga Scientist & Spiritual Master

Founder-President

Yoga Satsanga Samiti

Kriyayoga Satsanga Samiti



Mother Center In India  
Kriyayoga Research Institute  
Jhunsi, Allahabad-211019, U.P., INDIA.

Telephones & Cell Phones:

011-91-532-2569243/2567099/2569999

011-91-94152172-77/78/79/80/81 & 94152350-84/83

E-mail-yogisatyam@hotmail.com

Center In North America

Yog Fellowship Temple

388 Plains Road, Kitchener, Ontario,  
CANADA, N2R 1R8

Telephones: 001-(519)-696-3869/(519)-696-2184

E-mail-kriyayoga.canada@yahoo.ca

Website-www.kriyayoga-yogisatyam.org