

# Healing Program Spring 2008

Come and enjoy  
Eternal Health  
and Bliss

\*\*\*\*\*

Take the  
opportunity for  
an invaluable  
and  
unforgettable  
experience...



Practise Kriyayoga  
Meditation  
with  
Kriyayoga Scientist,  
Swami Shree  
Yogi Satyam

Hosted by  
Yog Fellowship  
Temple

388 Plains Rd, Kitchener  
(Corner of Plains Road &  
Fischer-Hallman Road)

*" You are potentially vast and infinite.  
Not realizing this truth makes you realize illness and sickness of all kinds.  
Kriyayoga practice is an ancient yet ever-new master technique  
to make you realize your  
REAL NATURE.*

*Thus, Kriyayoga practice solves all problems of life."*

Swami Shree Yogi Satyam

## GENERAL INFORMATION

Wear comfortable clothing.  
Bring a blanket/pillow for sitting (chairs are available). Also bring a notebook and pen.  
Attend a minimum of 3 consecutive days  
of classes in order to grasp an understanding  
of Kriyayoga Science.

### **COST:**

Classes are free of charge.  
Donations are welcome to help spread  
Kriyayoga worldwide.

### **CONTACT INFO:**

519.696.3869  
kriyayoga.canada@yahoo.ca  
www.kriyayoga-yogisatyam.org

**ALL ARE WELCOME**

## SPRING HEALING PROGRAM 2008

### **START DATE & TIME:**

March 21<sup>st</sup> - 10 am to noon

### **END DATE & TIME:**

April 4<sup>th</sup> - 10 am to noon

### **\*DAILY CLASS SCHEDULE:**

5:30 am to 7 am

11:30 am to 12:30 pm

3 pm to 4 pm

8 pm to 10 pm

### **\*Exception:**

Sat., Mar. 22 – 3 pm & 8 pm classes cancelled  
due to

Easter / Holi Class – 5pm – 7pm  
Celebratory Dinner to Follow