

Kriyayoga Meditation



by Swami Shree Yogi Satyam



“You Are Potentially Vast and Infinite...

Not realizing this Truth makes you realize illness and sickness of all kinds. Kriyayoga practice is an ancient and ever-new technique to make you realize your REAL NATURE. Thus, Kriyayoga practice solves all problems of life permanently..”

- Swami Shree Yogi Satyam
Kriyayoga Master and Scientist

Kriyayoga is the Highest Science for humanity to realize that visible and invisible cosmos is ONE Consciousness known as GOD. Kriyayoga is the proven technique, as demonstrated by Realized Masters, Prophets, Saints, and Sages, with which we can most quickly realize ourselves as Children of God.

What is Yoga?

'Yoga' is a state of consciousness in which a person realizes ultimate reality that there exists only ONE Consciousness, which is called Omnipresent, Omnipotent, Omniscient and Immortal. Nothing exists other than this. You, me, and everything we perceive is manifestation of the Immortal Consciousness.

Thus, 'yoga' represents the state of realization of existence of only ONE Consciousness which is undivided, complete and without beginning or end.

This state of realization of yoga can be achieved by the practice of Kriyayoga Meditation. Kriyayoga is a time-tested, highest spiritual practice that is fastest and easiest, which can be practised by all those persons who are ready for it. Now it is clear that yoga is not bodily postures and breathing exercises, but it is the state of realization of Truth.



Who can Practice Kriyayoga?

Everyone can practice Kriyayoga Meditation regardless of age, gender, religion, caste, or physical condition.



The Science of Kriyayoga

Kriyayoga is a complete education that employs a systematic approach to bring about a desired result: realization that there exists God Alone.

The word 'Kriyayoga' is derived from the words:

'kri' - to perform activity;

'ya' - the process of expansion; and,

'yoga' - the state of experiencing union with Infinite.

Therefore, Kriyayoga is a time-tested systematic approach whereby we perform all activity in the manner to expand our self in order to attain union with Infinite (Self or God). The technique is easy to understand and practise by all. It combines physical and mental techniques and enables one to experience, very quickly, the infinite potential within.



The fundamental concept of Kriyayoga Meditation is that the nature of God is Omnipotent, Omnipresent and Omniscient. God's all-knowing power resides in each atom, cell and tissue of our body, and is responsible for the creation, preservation and change of the visible and invisible worlds.

Kriyayoga practice accelerates the process of attaining God-Consciousness because we learn to seek God first within, which is much easier and faster than seeking God in external creation.

Benefits of Practice

Solves all kinds of problems and removes all troubles permanently.

Increases intelligence very quickly.

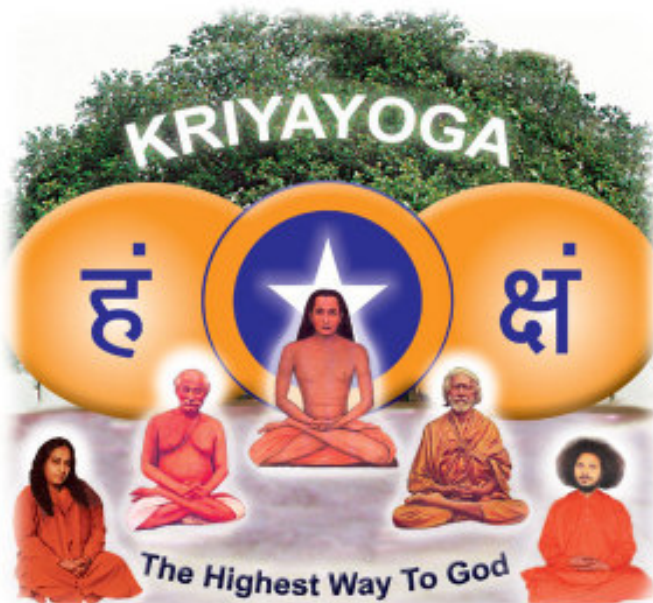
Slows down and reverses the aging process.

Increases forgiveness, compassion, peace and gives strength to serve all unconditionally.

Prevents, treats and cures all disease processes of the body, mind and spirit.

Improves socio-economic status.

Kriyayoga is the highest form of medicine available to humanity today. It prevents, treats and cures all disease processes of the body and mind. This effective technique allows people to regain control of their lives without the need to resort to any medication or supplements.



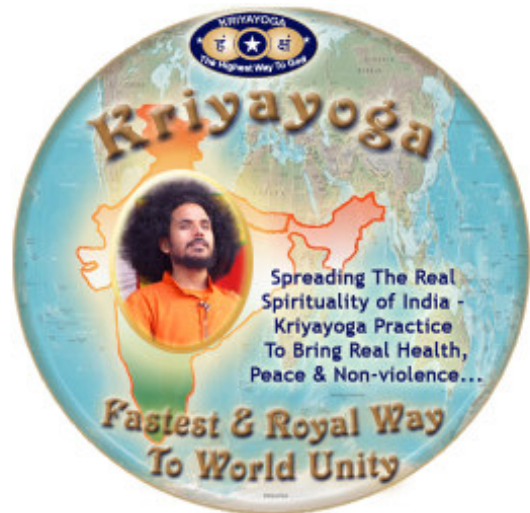
Kriyayoga Masters as seen above (left to right) :

Paramahansa Yogananda, Lahiri Mahasaya, Mahavatar Babaji, Sri Yukteswar Giri, Guruji Swami Shree Yogi Satyam

Fifty Minutes of Kriyayoga Practice is Equivalent to One Hundred Years of Spiritual Evolution of a Person...

Spiritual India

Throughout the world, India is known to be a Holy Land, blessed by the greatest number of Realized Masters, Prophets, and Incarnations. Therefore, one who learns Kriyayoga in India is able to experience quick upliftment of their consciousness and realize the universal unity of all humanity. India, this ancient, and ever-new place of spiritual science is able to expand the consciousness of human beings into God-Consciousness quickly.



Visit Your Spiritual Home...

All Kriyayoga Sessions Offered are *Free of Charge*
Donations Welcome to Spread Kriyayoga Science Worldwide

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Jhansi, Allahabad, Uttar Pradesh, India - 211019

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Daily Group Practices; 7:00 am Sunday Session

Yog Fellowship Temple - NORTH AMERICA CENTER -

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Email: kriyayoga.canada@yahoo.ca

Regular Group Practices; 10:00 am Sunday Session

Website: www.Kriyayoga-YogiSatyam.org

WebVideo Messages: www.YouTube.com/Yogmata ,
YouTube.com/Shaktimatiji & YouTube.com/Meeramata